APPLE PIE FRENCH TOAST BAKE

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Prep Time: 15 minutes Cook Time: 40 minutes Total Time: 55 minutes

Yield: 6 servings

INGREDIENTS

Apples:

3 apples, peeled and medium-size diced

1/3 cup packed brown sugar

2 tablespoons white sugar

2 teaspoons vanilla extract

1 teaspoon ground cinnamon

1 tablespoon cornstarch

2 tablespoons heavy cream

3 tablespoons salted butter

French Toast:

1 loaf brioche or challah, torn into bite-sized pieces

2 cups half & half

6 eggs

1 teaspoon vanilla bean paste or extract

1 tablespoon dark rum

1/2 cup granulated sugar, plus more for sprinkling

2 tablespoons brown sugar

1/8 teaspoon kosher salt

Whipped cream:

1 cup heavy cream, cold

1 teaspoon vanilla bean paste or extract

1 tablespoon pure maple syrup

INSTRUCTIONS

- 1. Preheat an oven to 250 degrees F. Spread the torn pieces of bread in an even layer on a baking sheet and bake for 20 minutes, until lightly crispy and dry. Lightly grease a large baking dish and arrange the bread pieces in it.
- 2. In a large mixing bowl, combine the apples, brown sugar, white sugar, vanilla, cinnamon, cornstarch, and heavy cream together and stir well to combine. Melt the 3 tablespoons of salted butter in a large skillet (non-stick works best here!). Once the butter is hot and foamy, add the apples. Cook the apples, stirring occasionally, until the apples are softened and are swimming in a thick, almost caramel-like, sauce (about 5-7 minutes). Remove from heat and allow to cool to room temperature. Pour the apples and sauce over the bread and toss so that the apples are evenly distributed.
- 3. In a mixing bowl, whisk together the half & half, eggs, vanilla, rum, sugars, and salt until smooth. Pour this mixture over the apples and bread. Cover the baking dish with foil,

- and press into the top so that the bread is submerged in liquid. Allow the bread to soak for 45 minutes or up to overnight in the fridge.
- 4. Preheat an oven to 350 degrees F. Remove the foil from the baking dish and sprinkle the top liberally with white sugar (about 2-3 tablespoons). Transfer to the oven and bake for 35-40 minutes, until the top is golden brown. Remove from the oven and allow to cool for 15-20 minutes before serving.
- 5. To make the whipped cream: combine all ingredients in a mixing bowl and whisk until soft peaks form. Serve over the baked French toast.