Banana Everything Cookies The New York Times ALEX WITCHEL

From the column "Here to Help" and

Featured in: One Sister's 'Mmm' Is Another's 'Um, No Thanks

Yield: About 2 dozen cookies

Time: 12 minutes

INGREDIENTS

Nonstick cooking oil spray
1 very ripe medium banana
1/3 cup canola oil
1/3 cup sugar
1 teaspoon vanilla extract

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3/4 cup plus 2 tablespoons all-purpose flour, or as needed

½ teaspoon baking soda

1/4 teaspoon salt

1/4 teaspoon ground cinnamon

2 cups quick-cooking (not instant) oatmeal or rolled oats

½ cup chopped walnuts

½ cup chocolate chips (vegan, if desired)

PREPARATION

- 1. Preheat oven to 350 degrees. Lightly spray two baking sheets with oil. In a mixing bowl, mash banana well. Add oil, sugar and vanilla, and mix with a strong fork. Add flour, baking soda, salt and cinnamon, and mix until just moistened.
- 2. Add oatmeal, walnuts and chocolate chips. Using your hands or a sturdy spoon, mix well, making sure oats are well moistened. (If dough is very slippery, add one or two extra tablespoons flour.)
- 3. Using clean, wet hands, re-wetting as needed, roll dough into balls slightly smaller than a golf ball, about 1 1/3 inches in diameter. Flatten slightly and place 2 inches apart on a baking sheet. Bake until lightly browned, 10 to 12 minutes. Remove from heat and allow to cool for 2 minutes, then transfer to a rack to cool completely. Store in an airtight container.