Grilled Lemon Chicken with Herb Couscous

Southern Living Magazine, June 2020 By Ivy Odom

Ingredients

- 1 (4-lb.) whole chicken, cut into 6 pieces (leg quarters, breasts, and wings)
- 2 medium garlic cloves, minced
- 2 tablespoons Dijon mustard
- 1 tablespoon honey
- 2 teaspoons lemon zest plus 1/2 cup fresh juice (from 3 lemons)
- 3/4 cup plus 2 Tbsp. olive oil
- 1 teaspoon black pepper
- 2 teaspoons kosher salt, divided
- 2 cups uncooked Israeli couscous
- 2 lemons, halved crosswise
- 2 small cucumbers, chopped (2 cups)
- 1/4 cup chopped fresh flat-leaf parsley
- 2 tablespoons chopped fresh mint*

Directions

- 1. Cut chicken wings at joints, separating flats, drumettes, and tips. Discard tips. Set aside 8 remaining chicken pieces. Stir together garlic, mustard, honey, and lemon zest and juice. Whisk in oil until emulsified. Whisk in pepper and 1 teaspoon of the salt.
- 2. Place chicken in a large bowl. Add 3/4 cup garlic-lemon mixture (reserving remaining mixture in a separate bowl); toss to coat. Cover bowl with plastic wrap; chill 1 hour.
- 3. Meanwhile, bring a large pot of water to a boil over high. Add couscous, and return to a boil. Reduce heat to medium. Simmer, stirring occasionally, until couscous is tender, about 10 minutes. Drain; transfer to a large bowl. Cool 10 minutes. Add remaining 3/4 cup garlic-lemon mixture to couscous; toss to coat. Cover; chill until ready to serve or up to 1 day.
- 4. Preheat a gas grill to medium (350°F to 400°F). Using tongs, transfer chicken from marinade to a plate, letting excess drip off (discard marinade). Sprinkle evenly with 1/2 teaspoon of the salt. Using tongs, transfer chicken to unoiled grates, skin sides down. Grill, uncovered, until a thermometer inserted in thickest portion of thighs registers 165°F (13 to 14 minutes per side for legs and breasts and 10 minutes per side for wings). Add lemon halves, cut sides down, to grates while chicken cooks; grill until charred, 2 minutes. Let chicken rest 10 minutes.
- 5. Stir cucumbers, parsley, mint, and remaining 1/2 teaspoon salt into couscous mixture. Divide couscous, chicken, and charred lemons among 4 plates.

^{*}My husband and I don't care for mint, therefore, I substituted parsley.