

Nancy's Meatloaf  
By Nancy R. Walsifer

1-1/2 lbs. ground beef  
1/2 to 3/4 cup seasoned breadcrumbs  
2 eggs  
1/4 cup chopped onion  
2 tsp. salt\*  
1/4 tsp. fresh ground black pepper  
1-8 ounce can of tomato sauce  
Optional – bacon

Add the first six ingredients into a large mixing bowl; add 1/2 cup of tomato sauce. Mix all ingredients together. Make into a loaf. Pour remaining tomato sauce on top. Optional – place several strips of bacon over meatloaf. Bake at 400° for one hour or until internal temperature reaches 160°.

\*adjust salt to your taste